



SS. Peter & Paul Catholic "Connection"

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FEBRUARY 2024

*Feed your Faith - and your
fears will starve to death.*

UPCOMING MEETINGS & EVENTS

Feb 1 – Adoration & Confession after 9am Mass
Feb 4 – Faith Formation Class at 9am
Feb 7 – Encounter Youth Group - 6:30-8pm
Feb 10 – St Anne's Meeting at 3:15pm
Feb 10 – St Anne's Bake Sale
Feb 10 – KC's Meeting at 5:30pm
Feb 11 – NO Faith Formation Class
Feb 11 – Spanish Mass at 2:00pm
Feb 13 – Parish Council Meeting at 6:00pm
Feb 14 – Ash Wednesday Mass at 7:00pm
Feb 15 – Mass & Diocesan Holy Hour at 9:00am
Feb 15 – Stations of the Cross at 6:00pm
Feb 18 – Faith Formation Class at 9am
Feb 20 – Red Cross Blood Dr - 1:30-5:30pm
Feb 22 – Stations of the Cross at 6:00pm
Feb 25 – Faith Formation Class at 9am
Feb 29 – Stations of the Cross at 6:00pm
Mar 3 – Faith Formation Class at 9am

ASH WEDNESDAY MASS SCHEDULE Wednesday, February 14th

SS. Peter & Paul, Weyauwega
7:00pm

Sacred Heart, Manawa
5:30pm



Greetings Dear Brothers and Sisters in Christ. In a few days, we are going to begin the season of Lent which starts on February 14th, Ash Wednesday. The coincidence that Ash Wednesday and Valentine's Day fall on the same day is a good reminder for us to reflect on the true meaning of love, an act of self-giving. In scripture, Jesus reminds us of our obligations for the next forty days, which are to give alms, to pray and too fast. He wants us to do these things secretly, He does not want us to do them just so others may see and praise us. This way we will receive our reward in heaven, and not in this life. He said, "Do not let your right hand know what your left hand is doing.... your Father who sees in secret will repay you." How can we fulfill these obligations?

Almsgiving. Is there a charitable organization that needs help? Or a particular family, you know that is down and out and has very little? Once a week throughout Lent, think about anonymously donating to an organization, a family or an individual who can use it.

Prayer. Prayer is important for our salvation. As St. Alphonsus Ligouri said, "Without prayer, there is no salvation." We should pray, because we want to communicate with Jesus. If we haven't been praying then our relationship with Jesus is not as fulfilling as it could be.

Lent is a good time to develop a real relationship with Jesus. To talk to Him, to ask questions to get to know Jesus by reading about Him in the Gospels and meditating on the Bible. It only takes a few minutes, to pray, read a verse from the bible and think about what we read. If we have the opportunity, we should also go to Mass during the week, and receive Jesus in Holy Communion. When we do receive Jesus in Holy Communion, do we talk to Him or do we not pay attention to Him, as we should? We should also consider praying the Rosary every day and meditating on the sufferings of Jesus. Just close your eyes for a few minutes and think about Jesus hanging on the Cross. This is a very powerful, prayer especially if we recite it at 3 pm and include the Chaplet of Divine Mercy. 3 pm every day is sacred because it was 3 pm when Jesus died on the Cross. We can also pray to the Blessed Virgin Mary every day. She is our mother and She longs to be part of our life. We should entrust our concerns to Her and seek Her motherly intercession and love.

Fasting. While during Lent, we are supposed to abstain from meat on Fridays, we can also fast from bread and water if our health permits on Wednesdays and Fridays. To fast means to eat just one small meal a day or if necessary two smaller meals, which will not equal one full meal. We should especially fast from sin. Offering a confession at least once a month is very good for our souls. During Lent, we can go to confession every week or every other week to confess our venial sins. By offering our confession regularly we receive the grace to overcome our sins and grow closer to Jesus. If we think, we have no sins, most likely it's because we haven't examined our conscience at the end of each day. We should take a moment each day to think about our sins, what we have done, and what we have failed to do. If necessary, we can seek God's help in overcoming one particular sin. Pray every day and try to practice the opposite virtue. So, if we complain, we should strive to be grateful. If we gossip, we should praise the good qualities of others. If we lie, we should resolve to be truthful.

Ashes. The ashes placed on our foreheads on Ash Wednesday remind us that someday, our bodies will turn to dust. And so, Lent is a time to turn away from sin and turn to God, with heaven as our goal, knowing that all things in this life will pass, but our prayers, fasting and good deeds will prepare us for the life to come. In summary, Lent is a time of solemnity and self-reflection where we confess our failings and resolve to live a more Godly life based on the teachings of Jesus Christ. Let us prepare for this Easter season through prayer, fasting, repentance of sins, almsgiving, simple living, and self-denial.

God bless you all, Fr. Kris Mekala





There will be a blood
drive here on
February 20th.

Please Call the Red Cross to make an appointment.

2024 BISHOP'S APPEAL

During the first week of February, parish members will receive a letter from Bishop David Ricken requesting a pledge or gift to the 2024 Bishop's Appeal. With the letter, you will receive a pledge card and return envelope. Please mail your envelope to the Catholic Foundation. Last year, through your generosity, the Bishop's Appeal campaign received more than **\$6.3 million** in gifts that are being used to share our faith with hundreds of thousands of people throughout northeastern Wisconsin. We ask again for your generous response to help our parish meet its goal for this year. If you did not receive a letter in the mail, please contact our parish office. Our goal for this year is **\$17,327**. Please help us reach our goal.



Encounter

Youth Group

We will be meeting **Wednesday, February 7** at 6:30pm. All 6th -12th grade students are invited for a fun and inspirational evening of games, snacks, connecting with others, a talk, discussion and prayers. Invite your friends of all faiths. All are welcome!

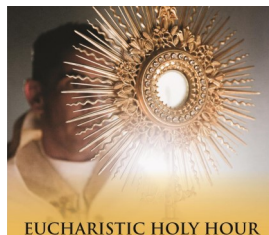


La Misa en Español

11 de febrero de 2024

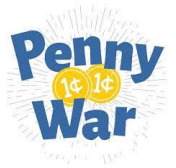
Diocesan Holy Hour

Thursday, Feb 15th
after the 9:00am Mass.
A great opportunity for
adoration & confession!



PENNY WAR

The Squires will be sponsoring a Penny War to benefit the Taylor Folk Scholarship Fund & SS Peter & Paul Faith Formation. It will run from Feb 4th until Mar 3rd. All money collected will be matched by the Squires and the winning classes will get an ice cream buffet or donuts. There will be two groups competing, grades 1-5 and grades 6-10.



Lenten Faith Sharing Groups: "Jesus and the Eucharist"

A small group series for Eucharistic revival

As we continue this year of Eucharistic Revival, we would like to invite you to grow closer to Jesus alongside fellow parishioners through the Jesus and the Eucharist study.

Each session is full of rich theological content, powerful testimonies, and unique and timely messages that will feed our hearts and minds. This is a great opportunity to dive more deeply into the richness of our Eucharistic faith.

This study will be a special time to grow in community through small groups within our parish as we walk this sacred year together, and we really hope you join us (and invite a friend) on one of the following days each week during Lent:

Sundays 6:30-8:00 pm

(Feb. 18, 25, March 3, 17, 24 and April 7, 14)

Wednesdays 6:30-8:00 pm

(Feb. 21, 28, March 6, 13, 20 and April 3, 10)

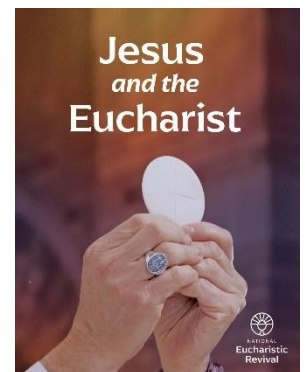
Tuesdays 9:30-10:30 am

(Feb. 13, 20, 27, March 5, 12, 19, 26)

Each session will start with a time for fellowship and hospitality (snacks) followed by video talks, Lectio Divina (praying with the scriptures), and small group discussions.

Session topics include:

- What's Our Story?
- Who Is Jesus?
- Am I Saved?
- Why a Church?
- God Is with Us
- The Story of the Eucharist
- Bread for the Journey





Join us this summer for 3 days of serving those in need (soup kitchens, home repair for low income families, shelters, food pantries, etc.) and a weekend of experiencing God through a youth conference (like a mini Steubenville conference). We'll road trip to TN and stop at some beautiful places/fun sites. For more information check out: Aliveinyou.com

Who: Anyone (you don't need to be Catholic) currently in gr. 8-12.

When: June 25-30 (We may add 2 days to have time to drive and see sites.)

Where: Nashville, Tennessee

Why: To grow in faith, serve those in need, meet new friends, experience the love of God & have fun.

Cost: \$100 (This is due with registration please, and it is non refundable - unless someone takes your spot -) For scholarship info. Ask Steph. The rest of the cost for the trip will be covered by fundraisers and grants. The camp is \$380. There may be an additional \$100 needed for over-night accommodations, food and admission costs to various sites on the way.

Please sign up with Steph and pay your deposit as soon as possible so we can reserve our spot!



"TOTALLY YOURS" Summer Youth Camp June 17-21 (Save the Date!)

What? Totus Tuus is a fun and powerful Catholic Summer Youth Program dedicated to sharing the Gospel and promoting the Catholic Faith through catechesis, evangelization, Christian Witness and Eucharistic Worship. It is led by 4 trained young adults. Students learn about the faith, play games, pray, and grow closer to Jesus.

Who? Kids going into grades 1-12 next school year

When and Where? SS Peter & Paul Parish June 17-21. Mon-Fri 9am until 2:30 pm (Grades 1-6). Mon-Thur 7-9:00pm (Grades 7-12)

"I really grew a lot closer to God at Totus Tuus!"
(comment from one of our parish students after last summer's Totus Tuus)



STEUBENVILLE CATHOLIC YOUTH CONFERENCE

"The light shines in the darkness, and the darkness has not overcome it." - John 1: 5

Encounter God and be illuminated by Him through inspiring talks, praise and worship, the sacraments, games, and hanging out with thousands of other Catholic teens.

When: July 26-28, 2024 (Fri-Sun)

Where: St. Paul, MN

Cost: \$75 (due with registration)

The total cost per person is about \$285

Register: Contact Steph Hansen at 920-277-8844 for a registration form.

Saint Anne's News



St Anne's will be having a bake sale on Saturday, Feb 10th, with the proceeds going to the food pantry. Please sign-up on the church doors if you're willing to donate baked goods.

On Saturday, February 3rd at 2pm - St. Anne's will be doing a Bow Making session at Premier Petals. The cost is \$10. Please contact Shirley Yaeger if you'd like to participate 920-867-3830.



St Anne's will also meet on Feb 10th at 3:15pm for their monthly meeting.

KC'S NEWS

The Knights of Columbus will be having there next meeting on Saturday, February 10th, after the 4:30pm Mass.



Thursdays at 6:00pm
Feb 15, 22, & 29. Mar 7, 14 & 21

Read the Bible as a Family 😊

(Kids Bibles and many other spiritual books are available to borrow in our church library.)



"Thus says the LORD, who created you...Do not fear, for I have redeemed you; I have called you by name: you are mine...you are precious in my eyes...and I love you." (Isaiah 43:1-5)

"...Things we have heard and known, we will not keep them from our children; we will tell the next generation about the LORD's power and his great deeds and the wonderful things he has done. In this way they also will put their trust in God and not forget what he has done, but always obey his commandments." (Psalm 78:3-4, 7)

Ss Peter and Paul Catholic Church Financial Statement

December 2023

Dec-23

Statement of Activity

Revenue

Church Support
Liturgy and Worship
Other Revenue
Faith Formation & Youth
Fundraising
PPP Loan Forgiveness

Total Revenue

Operating Expenses

Salaries and Wages
Payroll Taxes, Insurance Benefi
Liturgy and Worship
Pastoral Care and Outreach
Faith Formation & Youth
Buildings and Grounds
General Office
Diocesan Assessment
Other Payments+CapEx
Total Payments

Restricted Donation Revenue

Restricted Donation Expense

Net Excess(Deficit)

5,904

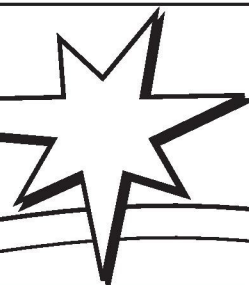
LENTEN REGULATIONS

Catholics who have celebrated their 14th birthday are to abstain from meat on Ash Wednesday, all Fridays in Lent and Good Friday.

In addition to abstaining from meat, Catholics who have celebrated their 18th birthday, until they celebrated their 59th birthday, are to fast on Ash Wednesday and Good Friday. Those who are bound to this regulation may only eat one full meal. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted.

These minimal penitential practices should not be lightly excused.

Partners in FAITH™



Helping our children grow in their Catholic faith.

February 2024

S.S. Peter & Paul and Sacred Heart Parishes



Thoughtful Moments

St. Josephine Bakhita

St. Josephine Bakhita was a young girl in Darfur, Sudan when she was captured and sold into slavery. Despite serving under cruel masters for many years, she remained sweet and kind. Eventually, the Michielis, who treated her very kindly, bought her. While in Italy, they introduced her to the Canossian Sisters of Charity. She joined in 1893. She spent the rest of her time there as a cook and sacristan. She also helped to prepare young sisters.



Unconditional love

Children learn about God's love by experiencing love from their parents. Children who feel unconditionally loved by their parents are less likely to fear failure or judgment and more likely to look at their parents as advocates rather than adversaries. They are also more likely to be open to a relationship with a loving God as Father.

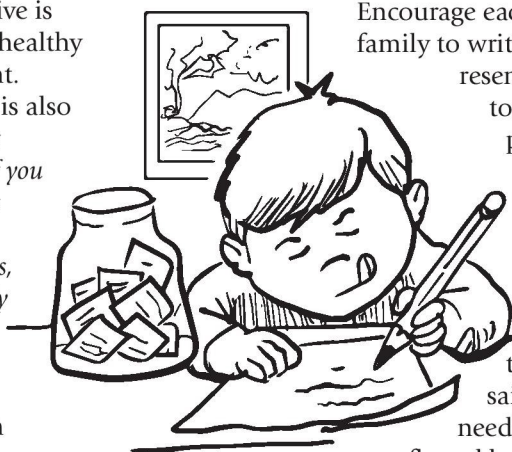
"A wise son hears his father's instruction, but a scoffer does not listen to rebuke"
(Proverbs 13:1).



Forgiveness leads to holiness

In family life, conflict may be commonplace as children learn to navigate relationships but learning how to forgive is essential to healthy development. Forgiveness is also essential for holiness. *"If you forgive others their transgressions, your heavenly Father will forgive you"* (Matthew 6:14). Teach children how:

Say the words. Encourage children to say, "I'm sorry," "I was wrong," when they have hurt someone. Asking for forgiveness starts the process of recognizing when they have transgressed and understanding that amends must be made. When someone says the words, immediately offer forgiveness by saying, "I forgive you."



Release grudges. Old resentments keep us from fully experiencing God's love and forgiveness. Encourage each member of the family to write at least one grudge or resentment they are ready to let go of on a piece of paper and put it into a "grudge jar." Then, take out all the grudges, rip them up, and move on. **Practice humility.** Humility reminds us that we're saints-in-progress who need God's mercy. We are

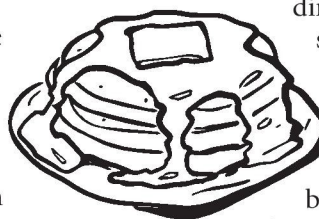
flawed beings who make mistakes that require God's forgiveness. Offering mercy to others in recognition of this need is an act of both humility and hope.

Pray for each other. Praying together as a family opens us up to much-needed graces. Plus, it's hard to stay mad at someone for whom you pray!

Why Do Catholics Do That?

In the early Church, it was customary to give up rich foods and meat during the penitential season of Lent. This included milk, eggs, butter, cheese, and fat. On the Tuesday before Lent began, families would rush to empty the pantry of the

Why do Catholics serve pancakes on Fat Tuesday (Mardi Gras)?



forbidden foods by enjoying a dinner of pancakes (or in some places, fried doughnuts). In several countries, it is even called "Pancake Tuesday." It was meant to be one final celebration of feasting before the Lenten fast.

The positive power of penance

Children of all ages know that if we make a mess, we must clean it up and try not to do it again. Penance is a lot like that – it helps us clean up our sin and avoid repeats. Help children appreciate penance.

Self-denial. Suggest small sacrifices that are age appropriate - skipping a favorite TV show, foregoing an hour of video games, or passing on dessert. Then suggest that the discomfort can be offered to God as an apology for past wrongs.

Acts of kindness. Our sin affects others,

so helping others also helps us make up for our sins.

Assisting a neighbor, volunteering at church, or showing kindness to a friend, can be offered to God as penance.

"Do I have to?" When you ask your child to do something he doesn't have to do and may not enjoy, remind him that it can be offered as penance. Visiting elderly relatives, playing patiently with younger siblings, doing homework without reminders are sacrifices that can be offered as penance.



Scripture LESSON

Mark 9:2-10, Transformation, not restoration

Ancient Jews imagined that the Messiah would free Israel to be the kind of people it already was with the religion and structure it already had. After all, God had set Moses aside as the lawgiver and liberator, and Elijah was the first great prophet to foretell the coming of Christ. The Messiah was predicted to be a kind of repairman to restore it all.

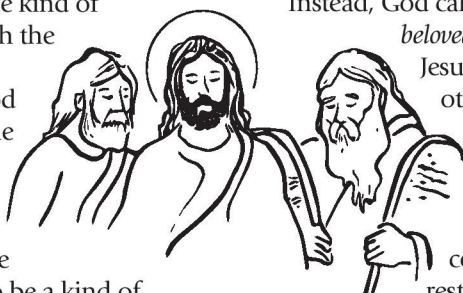
So, when Jesus was transfigured with Moses and Elijah, the apostles figured God was revealing Him as the expected Messiah. Peter thought he was complimenting Jesus by offering to build tents for each of them, putting Jesus on

the same level as Moses and Elijah.

Instead, God called Jesus, "*my beloved Son*," exalting Jesus above every other human hero.

What can a parent do? Jesus' apostles thought He had come simply to restore Israel, but

Jesus came to transform us and give us new life. The Transfiguration was to prepare Jesus' followers for a surprising truth: He would accomplish this victory by dying on the Cross and rising from the dead, thus conquering death itself.



Parent TALK

I had stopped praying. My father had a heart attack last summer and I was helping Mom care for him while

working and caring for my own family. Then my father-in-law was diagnosed with lung cancer and needed care. Finally, Ken lost his job for the second time in

three years and we had used up our savings the first time. Obviously God wasn't listening.

A few nights later I overheard our ten-year old saying her prayers asking God for help. She ended with, "Thanks for listening. Amen." Then she went to sleep. Standing outside her room, I realized Kara didn't tell God what to do. She asked for help, trusted that it would come, and left it to God.

I prayed for the first time in weeks and ended with, "Thanks for listening. Amen." I realized God is always listening. I was the one who had stopped talking.



Feasts & Celebrations

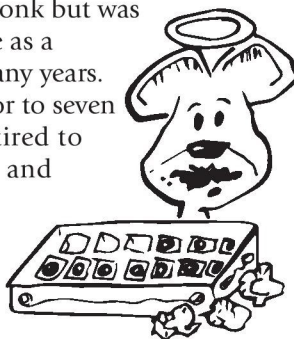
February 2 – The Presentation of the Lord. In accordance with the Law of Moses, Mary and Joseph brought Jesus to the Temple forty days after His birth, and Simeon praised God for revealing the long-awaited Savior.

February 2 – St. Catherine of Ricci (1590). Against her father's wishes, St. Catherine gave up her wealthy life and joined the Dominicans when she was twelve. She received visions of the Lord's Passion, which she experienced every Friday.

February 14 – Ash Wednesday. The

first day of Lent. Ashes of old palms are placed on the forehead, as a sign of penance. It's also a day of abstinence from meat and fasting – one regular meal and two small meals that together don't equal a full meal.

February 21 – St. Peter Damian (1072). St. Peter Damian became a disciplined monk but was called to serve as a bishop for many years. He was advisor to seven popes. He retired to monastic life and died in the care of his brother monks.



Our Mission

To help parents raise faithful Catholic children
Success Publishing & Media, LLC
Publishers of Growing in Faith™ and Partners in Faith™
(540)662-7844 (540)662-7847 fax
<http://www.partnersinfaith.com>
(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible.)

Family Lent Calendar 2024

 = a day of fasting and abstinence from meat
 = a day of abstinence from meat

Sunday	Monday	Tuesday February	Wednesday	Thursday	Friday	Saturday
"Lent is the liturgical season of forty days which begins with Ash Wednesday and ends with the celebration of the Paschal Mystery (Easter Triduum). Lent is the primary penitential season in the Church's liturgical year, reflecting the forty days Jesus spent in the desert fasting and praying" (Catechism of the Catholic Church).	19 Resolve to only use kind words today.	20 Pick a person or situation in the news and pray for them at dinner.	14 <i>Ash Wednesday</i> Attend Mass and wear the ashes all day as a sign of penance. 	15 Help children choose Lenten offerings that are meaningful and do-able.	16 Have meatless meals today. Pray for those who can't have meat as a regular part of their diets.	17 Pick a patron saint for Lent to pray for your family until Easter.
18 "Bury the Alleluiah." Write the word, "alleluia," on a piece of paper. Put it in a bag and bury it in the ground until Easter.	19 At dinner, have everyone name one thing for which they're grateful.	20 Pick a person or situation in the news and pray for them at dinner.	21 Put out an empty "Donations" box. Fill it with unused clothes or toys in good condition throughout Lent.	22 <i>St. Peter's Chair</i> Offer extra prayers for the intentions of the Holy Father.	23 Attend a Stations of the Cross service or pray through the Stations together at home. Find them here: www.usccb.org.	24 Set out a "Lenten good deed jar" and add a jelly bean every time someone does a good deed. Enjoy at Easter.
25 After Mass, stay and light a candle for someone who passed away recently.	26 At dinner, have everyone name one thing for which they're grateful.	27 Check out Catholic Relief Services and see if you can help support any of their projects at: https://www.crs.org.	28 Practice patience -- a much-needed form of almsgiving.	29 Enjoy pretzels -- a traditional Lenten snack because they were originally shaped into crossed 'prayer' arms.	1 <i>March</i> Attend daily Mass together or make time later today to visit Jesus in the Blessed Sacrament.	2 Play a family Rosary together in honor of Mary's Immaculate Heart.
3 After Mass, go over the homily with children. Discuss practical ways to "clean the temple" of your hearts.	4 Stop by the parish office and ask if there are any upcoming events you can volunteer to help with.	5 Encourage children to give up a favorite toy or game -- just for today, just for God.	6 Tonight, have everyone think of someone they don't get along with and share three good things about them.	7 Pray the Chaplet of Divine Mercy together for souls in need. See details here: www.thedivinemercy.org.	8 Attend a parish fish fry together.	9 Show Jesus you're trustworthy and work on a project you've been putting off.
10 <i>Laetare Sunday</i> Go out for a small treat to celebrate the midpoint of Lent.	11 Encourage everyone to refresh any Lenten commitments.	12 Look for signs of God's love and presence today. Have everyone share two of them at dinner.	13 Prepare souls for Easter! Do an examination of conscience, using the Ten Commandments or Eight Beatitudes as a guide.	14 Encourage everyone to do an extra chore and offer it for the souls in Purgatory.	15 <i>Family Night</i> Take the phone off the hook and turn off the TV. Play board games and spend time together.	16 Go to Confession as a family and experience God's mercy.
17 Offer special prayers for catechists and anyone else who teaches the Faith.	18 Go for a walk together and look for signs of Spring.	19 <i>St. Joseph's Day</i> Today is a solemnity! See if your parish has a "St. Joseph's Table" or enjoy pastries at home to celebrate.	20 Holy Week and Easter are busy times for parishes. Offer prayers for the priests and parish staff.	21 Bring your donations box to its destination.	22 Have a screen fast (from recreational use) from noon to 3, honoring the time Jesus hung on the Cross.	23 The King is coming! Tidy up the house to prepare for the holiest week of the year.
24 <i>Palm Sunday</i> Display palm branches -- signs of victory -- around the images of Jesus in your home to mark the start of Holy Week.	25 At dinner, offer extra prayers for everyone coming into the Church at Easter.	26 Go on a water fast today. Drink only water and pray for those for whom accessible drinking water is difficult.	27 Get up 15 minutes early to pray as a family.	28 <i>Holy Thursday</i> Attend a Holy Thursday liturgy or read John 13:1-11. What would you say if Jesus offered to wash your feet?	29 <i>Good Friday</i> Pray the Stations of the Cross together, recalling Jesus' greatest act of love for us.	30 <i>Holy Saturday</i> Light a candle and renew your baptismal vows together as a family.

Compañeros en la fe

Ayudando a nuestros hijos a crecer en la fe católica

Febrero de 2024

S.S. Peter & Paul and Sacred Heart Parishes



Momentos para pensar

Santa Josefina Bakhita

Santa Josefina Bakhita era una niña pequeña en Darfur, Sudán, cuando fue capturada y vendida como esclava. A pesar de servir a amos crueles durante muchos años, siguió siendo dulce y bondadosa.



Finalmente, la familia Michieli, que la trataba con bondad, la compró. En Italia esta familia la presentó a las Hermanas de la Caridad de Canossa. Ingresó en la orden en 1893. Pasó allí el resto de su vida como cocinera y sacristana. También ayudaba a preparar a las hermanas jóvenes.

Amor incondicional

Los niños conocen el amor de Dios sintiendo el amor de sus padres. Los niños que se sienten amados incondicionalmente por sus padres suelen temer menos el fracaso o el juicio y suelen ver a sus padres como sus defensores y no como sus adversarios. También suelen ser receptivos a una relación con un Dios Padre que los ama.

"Un hijo sabio ama la corrección, pero el insolente no escucha el reproche"
(Proverbios 13:1).



El perdón lleva a la santidad

En la vida de familia, el conflicto puede estar a la orden del día mientras los niños aprenden a sortear relaciones pero también aprenden que perdonar es esencial para un desarrollo sano. El perdón también es esencial para la santidad. *"Porque si ustedes perdonan a los hombres sus ofensas, también el Padre celestial les perdonará a ustedes"* (Mateo 6:14). Enseñen a los niños a:

Decir las palabras. Animen a sus hijos a decir "Lo siento", "Me equivoqué" cuando hagan daño a alguien. Pedir perdón empieza el proceso para que reconozcan que han pecado y entiendan que deben reparar el daño. Cuando alguien les diga las palabras, ofrezcan perdón inmediatamente diciendo "Te perdono".

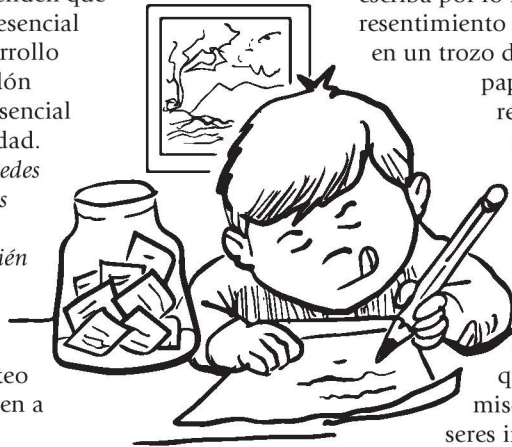
Librarse del rencor. Los viejos

resentimientos impiden que sintamos el amor y el perdón de Dios. Animen a cada miembro de su familia a que escriba por lo menos un rencor o un resentimiento del que se quieran librar en un trozo de papel y que pongan el papelito en un "frasco del rencor". A continuación, reúnan todos los papeles, rómpalos y pasen página.

Practicar la humildad. La humildad nos recuerda que somos santos en elaboración que necesitan la misericordia de Dios. Somos seres imperfectos que cometen

errores que requieren el perdón de Dios. Ofrecer misericordia a otras personas reconociendo esta necesidad es tanto un acto de humildad como de esperanza.

Rezar unos por otros. Rezar juntos en familia nos predispone a las gracias que tanto necesitamos. ¡Y además es difícil seguir enojado con alguien por quien rezas!

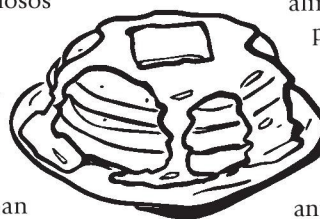


¿Por qué hacen eso los católicos?

En la Iglesia primitiva era costumbre no comer alimentos sustanciosos o carne durante el tiempo penitencial de Cuaresma. Se incluían la leche, los huevos, la mantequilla, el queso y las grasas. El martes anterior al comienzo de la Cuaresma, las familias trataban

¿Por qué sirven panqueques los católicos en Martes de Carnaval?

de vaciar la despensa de los alimentos prohibidos cenando panqueques (y en otros lugares donas fritas). En muchos países al día se le llama "Martes de panqueques". Era un festín de celebración final antes del ayuno cuaresmal.



El poder positivo de la penitencia

Los niños de todas las edades saben que si ensuciamos algo debemos limpiarlo y procurar no hacerlo otra vez. La penitencia es algo así, nos ayuda a limpiar nuestro pecado y a evitar repetirlo. Ayuden a los niños a apreciar la penitencia.

Renuncia. Sugieran pequeños sacrificios apropiados a la edad de sus hijos: no ver un programa favorito de TV, privarse de una hora de videojuegos, no comer postre. A continuación, sugieranles que ofrezcan esa incomodidad a Dios como disculpa por pasados errores.

Acciones bondadosas. Nuestro pecado afecta a

los demás, así que ayudar a otras personas también nos ayuda a reparar nuestros pecados. Como penitencia, podemos ofrecer a Dios acciones como ayudar a un vecino, hacer voluntariado en la iglesia o tener un gesto amable con un amigo.

“¿Tengo que hacerlo?” Cuando pidan a su hijo que haga algo que no es su obligación y que quizá no le guste, recuérdense que puede ofrecerlo como penitencia. Visitar a familiares ancianos, jugar pacientemente con los hermanitos pequeños, hacer la tarea escolar sin que se lo recuerden, son sacrificios que pueden ofrecerse como penitencia.



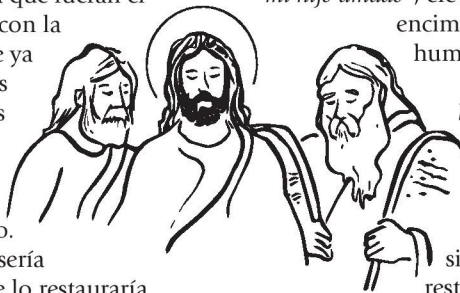
Lecciones de las Escrituras

Marcos 9:2-10, Transformación, no restauración

Los antiguos judíos imaginaban que el Mesías liberaría Israel para que fueran el tipo de pueblo que ya era con la religión y la estructura que ya tenía. Al fin y al cabo, Dios había establecido a Moisés como legislador y liberador y Elías fue el primer gran profeta que predijo la llegada de Cristo. Se predecía que el Mesías sería una especie de técnico que lo restauraría todo.

Así que cuando Jesús se transfiguró con Moisés y Elías, los apóstoles pensaron que Dios lo revelaba como el esperado Mesías. Pedro pensó que halagaba a Jesús cuando le ofreció construir carpas para cada uno de ellos, colocando a Jesús a la altura de

Moisés y Elías. Pero Dios llamó a Jesús “mi hijo amado”, elevándolo por encima de todo héroe humano.



¿Qué pueden hacer los padres?

Los apóstoles de Jesús pensaron que él había venido simplemente para restaurar Israel, pero

Jesús vino para transformarnos y darnos vida nueva. La Transfiguración tuvo lugar para preparar a los seguidores de Jesús a una verdad sorprendente: Conseguiría su victoria muriendo en la cruz y resucitando de entre los muertos, derrotando así a la misma muerte.

Hablan los padres

Había dejado de rezar. Mi padre tuvo un ataque al corazón el verano pasado y yo ayudaba a mamá a cuidarlo mientras trabajaba y me ocupaba de mi propia familia. Luego a mi suegro le diagnosticaron cáncer de pulmón y necesitaba cuidados. Finalmente, Ken perdió su empleo por segunda vez en tres años y habíamos gastado nuestros ahorros la primera vez. Era obvio que Dios no estaba escuchando.



Unas noches más tarde, escuché a nuestra hija de diez años que rezaba pidiéndole ayuda a Dios. Terminó diciendo “Gracias por escucharme. Amén”. A continuación se durmió. Junto a la puerta de su habitación, me di cuenta de que Kara no le decía a Dios lo que tenía que hacer. Le pedía ayuda, confiada en que la recibiría, y lo ponía en manos de Dios.

Recé por vez primera en semanas y terminé con “Gracias por escucharme. Amén”. Me di cuenta de que Dios siempre escucha. Era yo quien había dejado de hablar.

Nuestra misión

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Fiestas y celebraciones

2 de febrero – Presentación del Señor. De acuerdo con la ley de Moisés, María y José llevaron a Jesús al templo a los cuarenta días de su nacimiento y Simeón alabó a Dios por revelar al anhelado Salvador.

13 de febrero – Santa Catalina de Ricci (1590). Santa Catalina abandonó su vida en la riqueza contra los deseos de su familia e ingresó en las dominicas a la edad de 12 años. Cada viernes recibía y vivía visiones de la Pasión del Señor.

14 de febrero – Miércoles de Ceniza. Primer día de la Cuaresma. Se colocan en

la frente cenizas de palmas viejas como signo de penitencia. Es también día de abstinencia de comer carne y de ayuno: una comida normal y dos pequeñas que juntas no equivalgan a una completa.

21 de febrero – San Pedro Damián (1072). San Pedro Damián era un monje disciplinado pero fue llamado a servir como obispo durante muchos años. Fue consejero de siete papas. Se retiró a la vida monástica y murió al cuidado de sus hermanos monjes.



2023 Calendario de Cuaresma para la familia

 = un día de ayuno y abstinencia de carne
 = un día de abstinencia de carne

Domingo		Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
"La Cuaresma es el tiempo litúrgico de cuarenta días que comienza con el Miércoles de Ceniza y termina con la celebración del Misterio Pascual (Triduo Pascual). La Cuaresma es la principal temporada de penitencia en el año litúrgico de la Iglesia, reflejando los cuarenta días que Jesús pasó en el desierto ayunando y orando" (Catecismo de la Iglesia Católica).		Febrero					
26 "Entierra el aleuya". Escribe la palabra "aleuya" en una hoja de papel. Póngalo en una bolsa y entiérralo en el suelo para "resucitar" en Pascua.	27 Haz una cadena de oración de Cuaresma. Escribe 40 intenciones en tiras de papel. Cada día, elige una tira, reza una oración por la intención y agrégala como eslabón a la cadena.	28 Renuncia hoy a un refrigerio favorito por las almas del Purgatorio.	1 Marzo Visite Catholic Relief Services y vea si puede ayudar a apoyar alguno de sus proyectos. Mire aquí: http://www.crsespanol.org.	23 Ayude a los niños a elegir ofrendas de oración, penitencia y limosna. Asegúrate de que sean apropiados para la edad.	24 Hoy, tengan una comida sencilla juntos. Ore por aquellos que no pueden tener carne como parte regular de sus dietas.	25 Establecer un rincón de oración. Cubre una mesa pequeña con un paño morado. Incluye una Biblia, una vela y una almohada. Reúnase allí por la noche para la oración familiar.	
5 Después de la Misa, encienda una vela por alguien que falleció recientemente. Su familia parroquial unirá sus oraciones a las suyas.	6 Coloca una caja vacía. A lo largo de la Cuaresma, agregue cualquier ropa, libros o juguetes sin usar que estén en buenas condiciones.	7 Elige a alguien en las noticias y ora por él.	8 Cada día restante de Cuaresma, ponga una goma dulce en un frasco cada vez que alguien haga una buena acción. ¡Comparte las gomas en Semana Santa!	9 Durante la cena, comparta una forma en que Dios les mostró su amor a cada uno de ustedes hoy.	10 Considere ayunar de las pantallas esta noche. Jueguen juegos de mesa, hagan dibujos, hagan un rompecabezas, lean libros juntos.	11 ¡Noche de cuentos familiares! Acúrrquense esta noche y lean libros relacionados con la Pascua, como la Leyenda de los tres árboles o La semana que llevó a la Pascua.	
12 Después de la Misa, explique la homilía en términos que los niños puedan entender. Plantéate una resolución para la semana.	13 Resuelve usar solo palabras amables hoy	14 Los monjes enrollaban la masa y la retorcan en brazos cruzados de "oración", ahora conocidos como pretzels. Disfruta de esta menenda tradicional de Cuaresma.	15 El Padre Nuestro es la oración perfecta dada por Jesús a nosotros. Recen juntos -el Padre Nuestro y hablen sobre lo que significa.	16 ¡Preparad las almas para la Pascua! Pida a cada miembro de la familia que haga un examen de conciencia, usando como guías los Diez Mandamientos y las ocho Bienaventuranzas.	17 Día del San Patricio En honor a San Patricio, ore por los misioneros católicos y los involucrados en la educación religiosa.	18 Ir a la Confesión en familia. Salga para recibir un regalo especial después para celebrar el perdón de Dios.	
19 Domingo de Alegría ¡Hoy esperamos la alegría pascual! Tenga un regalo después de la Misa para celebrar el punto medio de la Cuaresma.	20 Día de San José San José sirvió, protegió y cuidó de María y Jesús. Encuentre a los padres (incluidos los sacerdotes) a su cuidado.	21 Actualice cualquier compromiso de Cuaresma que haya hecho.	22 Diga una breve oración frente a cada cruz o crucifijo en su hogar.	23 Durante la cena, rodeen la mesa y compartan algo por lo que estén agradecidos.	24 Ir en una pantalla rápida (de uso recreativo) desde el mediodía hasta las 3, en recuerdo de las tres horas que Jesús colgó en la Cruz.	25 Anunciación del Señor Celebramos el "Si" de María a Dios. Reza tres Avemarías por ayuda para ser fiel al plan de Dios.	
26 Ramo Espiritual Haga que cada persona elija una oración para ofrecer diariamente por su pastor. Envíe una tarjeta con las promesas de todos.	27 Levántense hoy 15 minutos más temprano de lo habitual y oren en familia.	28 Practica la paciencia, una forma de dar limosna que es especialmente agradable a los ojos de Dios.	29 Renuncia a un juguete o golosina favorita solo por hoy.	30 Entrega la caja que empezaste el 6 de marzo a su destino.	31 Coman pizza, relajense y jueguen juegos de mesa juntos.	1 Abril Desempolve, aspire, limpie y prepare su hogar para celebrar la Semana Santa, la época más sagrada del año.	
2 Sunday de ramos Las hojas de palma eran un signo de victoria y triunfo. Decora las estatuas e imágenes de Jesús alrededor de tu casa con palmeras.	3 Esta noche y todas las noches de esta semana, diga una oración especial por aquellos que ingresan a la Iglesia durante la Vigilia Pascual.	4 Salga a caminar y busca señales de nueva vida.	5 Usando crayones o marcadores de colores, dibuje los símbolos de Pascua. Cuelégalos para decorar en Semana Santa.	6 Jueves Santo Lea la historia de la Última Cena (Mateo 26:20-30). Lavarse y secarse los pies unos a otros como Jesús lavó los pies de sus Apóstoles.	7 Viernes Santo Recen juntos las Estaciones de la Cruz. Gracias a Jesús por Su sacrificio en la Cruz por nosotros.	8 Sábado Santo Enciendan una vela y renueven sus votos bautismales juntos como familia, prometiendo ser fieles a Dios.	